The Classical Piano Method

Method Book 1

Heumann



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HANS-GÜNTER HEUMANN

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About the author:

Hans-Günter Heumann is a freelance composer and author, living in southern Germany.

Since studying piano, composition, and music pedagogy at the Musikhochschule Hannover, followed by further studies in the USA, he has dedicated himself to the editing of pedagogical piano material. He has a particular interest in presenting music in an accessible way to reach a broad audience.

Based on many years of experience teaching children, young people and adults, Hans-Günter Heumann has written a great number of internationally successful and award winning publications, and has composed and arranged piano music in a range of styles for beginners to advanced students.

Having developed successful, methodical concepts for learning how to play the piano for all age groups and abilities, Hans-Günter Heumann's work has been translated into many different languages and sold millions of copies, an indication of the wide-spread appreciation of his work.

His publications *Klavierspielen – mein schönstes Hobby* and *Piano Kids* (both published by Schott Music) have become two of the most significant piano methods in the German language.

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Contents

LESSON 1	
The Piano and its Precursors	6
How are Sounds Produced on the Piano?	6
How to Sit at the Piano	7
Hand and Finger Position	7
Fingering	7
LESSON 2	
The Keyboard	8
The Black Keys	8
The Beat in Music	8
Two Black Keys	9
Take Two / Notation / Quarter Note (Crotchet)	10
Three Black Keys	11
Improvising on the Black Keys	11
Piano Dreams – Keyboard Diagram	12
Piano Dreams - Notated / Half Note (Minim), Repetition, Step, Skip	13
LESSON 3	
The White Keys – The Musical Alphabet	14
Three White Keys	14
Finding Three Notes with Eyes Closed	14
Black and White / Measure (Bar), 4/4 Time, Whole Note (Semibreve), Bar Line, Double Bar Line (End)	15
Four White Keys	
Finding Four Notes with Eyes Closed	16
Morning in the Countryside / Op., 3/4 Time, Quarter (Crotchet) Rest	17
LESSON 4	
The System of Stave Lines, Spaces, Stave (Staff)	18
Bass Clef for the L. H. / Dynamics, forte, piano	18
Treble Clef for the R. H. / legato, Slurs, Phrase, Repeat Sign	19
LESSON 5	
The Piano Notation System / Bracket (Brace/Accolade), Leger Lines	20
Rules of Notation	20
Take Five Fingers / Double Bar Line	21
Theory Check 1	22
Wedding March / mezzoforte	23
Theory Check 2	24
A Little Night Music / allegro	25

LESSON 6	
Pastoral Song / dolce, Dotted Half Note / Dotted Minim Note, Tie	26
Finger Fitness 1	
Twinkle, Twinkle, Little Star! / D. C. al Fine	28
Finger Fitness 2 / ABA, 2/4 Time	
LESSON 7	
Cancan	30
Sharp Sign	
Theory Check 3	31
Surprise Symphony / andante, pianissimo, fortissimo, Articulation, staccato	
Finger Fitness 3 / Symphony	
LESSON 8	
Longing for Spring / Upbeat (Anacrusis), Flat Sign, mezzo piano	
Theory Check 4	
LESSON 9	
	2
Playing with Hands together	
Finger Fitness 4 / Contrary Motion	
Barcarolle / allegretto	
Sharps 'n' Flats	
Theory Check 5	
Discovery Waltz / Metronome	
LESSON 10	
Eighth Note (Quaver), Rests, Accent, crescendo	10
Turkish March	
Theory Check 6	
·	
Minuet / moderato, Minuet Presto / Octave Transposition Sign, presto	
Prelude / Dotted Quarter Note / Dotted Crotchet Note, rit.	
Theory Check 7	
Theory Check /	т.
LESSON 11	
C Major 5-Note Pattern	46
Finger Fitness 5 / Parallel Motion, Lateral Motion	
Musette	
Spring	
LESSON 12	
Intervals / Second, Third, Fourth, Fifth	50
Finger Fitness 6	50
Scherzo / decrescendo	51

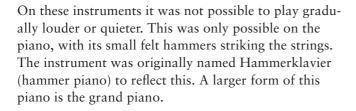
Lesson 1

The Piano and its Precursors



The piano was invented in 1700 by the Italian musical instrument maker Bartolomeo Cristofori (1655-1731) in Florence. This was certainly one of the greatest inventions of the time. There is a plaque in the Basilica di Santa Croce in his memory.

Three well-known keyboard instruments may be regarded as its precursors: The clavichord, the harpsichord and the spinet.



Because of this, Cristofori called his invention gravicembalo col piano e forte meaning a large harpsichord which can be played both loudly and softly.

From this the Italian term **pianoforte** or **fortepiano** was derived (Ital. piano = quiet, forte = loud). Today the term has been shortened to **piano**.

The term 'piano' is now often used as a collective term to refer to both upright and grand pianos. In an upright piano the strings are vertical, whereas in a grand piano the strings are horizontal.



clavichord





Cristofori's grand piano

spinet



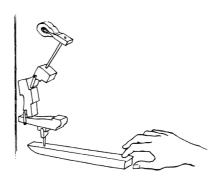




upright piano

How are Sounds Produced on the Piano?

When you press a key down, a small felt hammer inside the instrument hits a steel string and makes it sound. This produces a note. There is one hammer for every note on the keyboard.



How to Sit at the Piano

Sit in an upright but relaxed position at the centre of the keyboard.

Sit towards the front edge of the stool, so that your feet are firmly on the ground. Your distance from the piano should be such that your hands comfortably reach the keys. The keys should be struck towards the edge, and the weight of your body should be supported by the spine rather than by your arms or legs. Sit close enough to the piano so that your knees are slightly beneath the instrument.

Your arms should remain relaxed and the shoulders should not be raised. There should be a space between your upper arms and the sides of your body.



Your fingers should touch the keys so that the forearm, wrist and back of the hand form a straight line. The height of the piano stool should be adjusted accordingly.

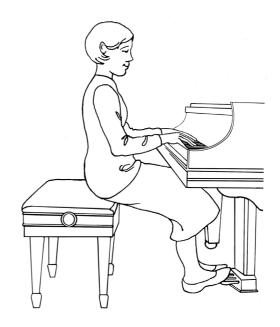
Your fingers should be softly curved, as though you were holding a small ball in your hand.

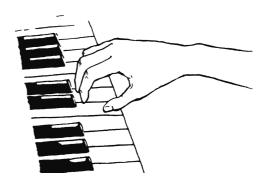
Only your fingertips should touch the keys; the fingernail should be at right-angles to the key.

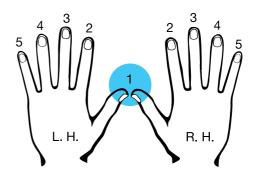
Your thumb should be gently rounded.

Fingering

For playing the piano, each finger is given a number. These numbers appear above or below the notes, indicating which fingers to play the notes with. The figures are known as fingering and should always be followed precisely.



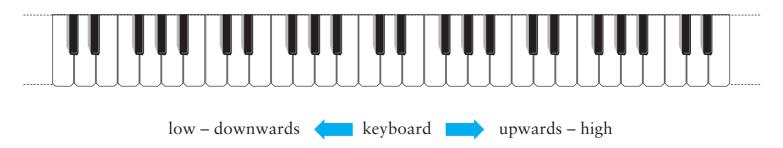




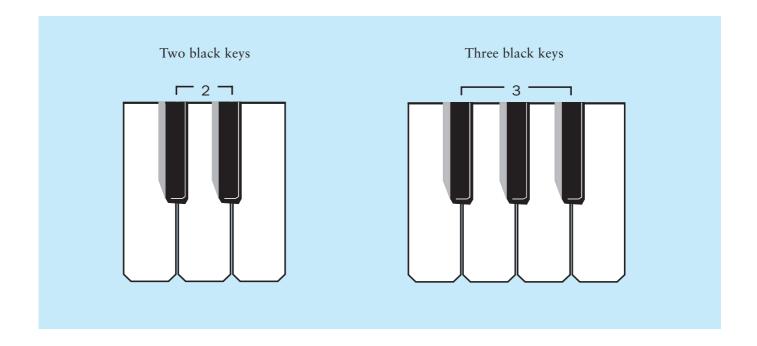
Lesson 2

The Keyboard

All the keys on the piano together make up what is known as the keyboard. It consists of white and black notes. The piano keyboard usually has 88 keys.



The Black Keys The black keys are arranged in groups consisting of:



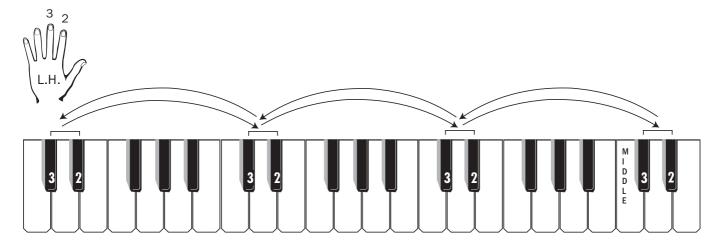
The Beat in Music

Music usually has a regular beat, similar to the beating of the heart. The beat or pulse can have different tempos - from very slow to very fast.

The following exercises and pieces should be played slowly at first with each note held for the same duration.

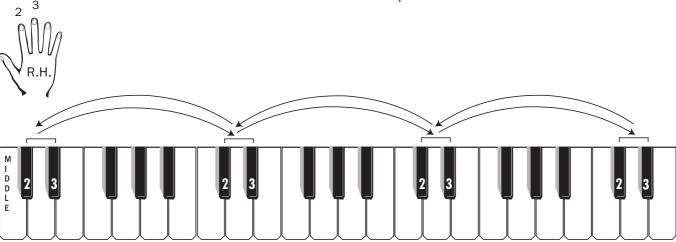


Two Black Keys



Playing Tips:

With the left hand, hereafter L.H. (fingering: 3 2), play four groups of two black notes, from the lowest pair to the middle (approximately in the middle of the piano), upwards and downwards. First play the pair of notes one after another, then together, and then alternating the two patterns.



Playing Tips:

With the right hand, hereafter R.H. (fingering: 2 3), play four groups of two black notes, from the middle pair to the highest, upwards and downwards.

Play the pairs of notes one after another, then together, and then alternating the two patterns.

Technique Tips:

The change over from one finger to the next takes place at the lowest point at which the keys are depressed. This means that the finger leaves the bed of the key only when the next finger reaches it. This is the same as walking up the stairs - the transfer of weight from one leg to another happens only when the other foot reaches the ground.

First depress each key using the whole weight of your arm. When changing keys, the weight is transferred to the next finger.

At first play slowly, making sure that the fingers do not overlap. Make sure you maintain the correct hand and finger position.