

THE HOW-TO BOOK

FOR STUDENTS OF  
PSYCHOANALYSIS

AND

PSYCHOTHERAPY

SHELDON BACH



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*Sheldon Bach*

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*For Rebecca, Matthew, and Julia,  
who continue to learn and to teach me*



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# CONTENTS

<i>ACKNOWLEDGEMENTS</i>	xi
<i>ABOUT THE AUTHOR</i>	xiii
<i>INTRODUCTION</i>	xv
<i>CHAPTER ONE</i> How to choose a psychoanalytic theory	1
<i>CHAPTER TWO</i> How to do an initial interview	3
<i>CHAPTER THREE</i> How to choose your personal psychoanalyst	8
<i>CHAPTER FOUR</i> How to listen to a patient	13
<i>CHAPTER FIVE</i> How to frame and change perspectives	17

*CHAPTER SIX*

- How to recognize and understand self-states,  
alternate states, true and false selves, multiple  
identities, etc. 21

*CHAPTER SEVEN*

- How to manage the telephone 26

*CHAPTER EIGHT*

- How to get paid for your work 28

*CHAPTER NINE*

- How to understand and manage the transference 32

*CHAPTER TEN*

- How to tell what the transference is 39

*CHAPTER ELEVEN*

- How to deal with the sadomasochistic transference 45

*CHAPTER TWELVE*

- How to manage narcissistic disequilibrium 51

*CHAPTER THIRTEEN*

- How to understand the need for recognition 55

*CHAPTER FOURTEEN*

- How to make a careful referral 60

*CHAPTER FIFTEEN*

- How to refer a patient for medication 62

*CHAPTER SIXTEEN*

- How to manage vacations, weekends, illnesses,  
no-shows, and other disturbances of continuity 67

*CHAPTER SEVENTEEN*

How to think about analytic process 71

*CHAPTER EIGHTEEN*

How to maintain your physical health  
and mental equilibrium 74

*CHAPTER NINETEEN*

How to practise holistic healing 78

*REFERENCES* 81



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